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| THE WEDNESDAY MEETING OF CEAHOW IS MOVING AS OF 01/04/2017! WEDNESDAY CEA HOW MEETING 10:00AM-11:00 AM AT SEAPORT MARINA HOTEL IS MOVING  CONTACT PERSON IS DAROLE 562-431-5630 |
| To: CENTER FOR SPIRITUAL LIVING  500 MARINA DRIVE  SEAL BEACH, CA 90740 |
| CEA-HOW IS A FELLOWSHIP OF MEN AND WOMEN WHO MEET TO SHARE THEIR EXPERIENCE, STRENGTH, AND HOPE. OUR PURPOSE IS TO HELP OURSELVES AND OTHERS WHO SUFFER FROM THE SELF DESTRUCTIVE OF COMPULSIVE EATING. |
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CEA-HOW HONESTY OPENMINDEDNESS AND WILLINGNESS