



**COMPULSIVE EATERS ANONYMOUS-HOW**  
 Southern California Intergroup  
 P.O. BOX 1836  
 DUARTE, CA 91009-4836  
 (562) 942-8161



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 Southern California Intergroup & Central Office  
 P.O. BOX 1836  
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 (562) 942-8161

Dear Meeting Treasurer,

The Board of Directors in an effort to help the meetings and treasures save time, energy, and stamps presented the concept that each meeting only write one check to the Intergroup instead of three (Intergroup, Area and World Service). We also understood that we were only among a few Intergroups that required three checks to be written. Intergroup was asked to get feedback from the meetings and at the next Intergroup meeting we reached consensus that each meeting is to only write one check for the full amount and send it to Intergroup.

The Intergroup will preserve the traditional split which is, 50% to the Intergroup, 30% to the World Service Office, and 20% to the Area Assemblies. **Mail the total amount to the Intergroup office**, where the split (30%/20%) will be forwarded to World Service and Area I.

Thank you for your cooperation and continued support. If there are any questions, feel free to contact the office.

Amount Enclosed \$ \_\_\_\_\_ Check # \_\_\_\_\_  
 Meeting Day \_\_\_\_\_  
 Meeting Time \_\_\_\_\_ Group # \_\_\_\_\_  
 Meeting City \_\_\_\_\_  
 Sender's Name \_\_\_\_\_  
 Sender's Address \_\_\_\_\_

\*Treasurer's Name \_\_\_\_\_

\*Secretary's Name \_\_\_\_\_

(\*If new, please submit change form)

**\*\*E-MAIL ADDRESS:** \_\_\_\_\_

(\*If you will like a receipt please write your e-mail address above)

After meeting expenses are met, contribution is to be mailed to:

**CEA-HOW SCI**  
**P.O. Box 1836**  
**Duarte, CA 91009-4836**

[www.ceahowsci.org](http://www.ceahowsci.org)  
[accounting@ceahow.org](mailto:accounting@ceahow.org)

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